



# 2019

## **EAT, DRINK... AND BE HEALTHY!**

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Increase your success rate  
with HR's **Resolution** menu of lighter fare.

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### **SOUP**

#### **WILD RICE VEGETABLE SOUP**

Red Peppers, Onion,  
Spinach, Wild Rice

5 / 7

### **LUNCH ENTRÉES**

#### **GULF OF MAINE SALMON**

Snow Peas, Roasted Sweet Potato,  
Sweet & Hot Peppers, Salsa Verde

16

#### **ROASTED GULF SHRIMP**

Quinoa & Almond Pilaf, Green Beans,  
Romesco Sauce

15

#### **GRILLED COLEMAN FARMS CHICKEN BREAST**

Heirloom Carrots, Wild Mushrooms,  
Spinach, Citrus Vinaigrette

12

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### **ask your server**

ASK YOUR SERVER  
ABOUT HAVING THE CHEF PREPARE  
YOUR FAVORITE MEAT OR SEAFOOD "SPA STYLE"  
ALONGSIDE BROWN JASMINE RICE, BROCCOLI,  
& EXTRA VIRGIN LEMON OIL